

GROUNDING VOICES

with Pat Middleton

Goal - To create an outline and poems for individual Poetic Memoirs
Tuesdays from 12:30 to 2:00 p.m. (April 28th-June30th).

WEEK 6 Tuesday June 2nd 12:30-2pm

60 second prayer and affirmation (“What I have lived is not lost—it is stored, sacred, and waiting to be spoken.”)

Writing Exercise #1 (Icebreaker)

- **Finish This Line:** Three simple, open-ended one liners: “I remember when...” “Back in my day...” and “The sound of my childhood was...”
- 5 minutes per one-liner followed by **Group Share #1.**

Group Share #2 Last week’s Writing Challenges: (Memory Poem or The Moment My Life Changed)

Group Discussion: Voice, Rhythm, Black Oral Traditions and Storytelling - History, Community, and Family.

Writing Exercise #2: 10 minutes - Write two lists. One list of family stories that were passed down to you in your youth and a second list of stories you passed down to your children and grandchildren as an adult.

Group Share #3

Writing Challenge for June 9th:

Choose one of the family stories from one of your lists and write a non-fictional prose piece about it. Be ready to share next week.